

A glowing blue human silhouette is centered in the image. Inside the silhouette, various internal organs are visible, including the heart, lungs, and a complex network of branching vessels. Overlaid on the silhouette are several concentric circles of light in shades of pink, orange, and yellow, positioned around the head, neck, and chest areas. The background is a deep purple and blue gradient, filled with numerous bright, multi-colored starbursts and lens flares, creating a sense of cosmic energy and light. The overall aesthetic is futuristic and spiritual.

THE

MIRACLE OF FREQUENCY

HEALING

DR. CAROLINE STITES

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My Story...So how did I get here?

My path led me from Traditional Medicine to Naturopathic Medicine, then on to Eastern Medicine. This journey and all that I learned along the way led me to Vibrational Sound Frequency Medicine and the creation of VibraGenix.

I was speaking with a colleague of mine years ago about the illness management system that is firmly in place, especially in the US. I was frustrated with the system and he asked "What are you going to do about it?" I said, "Build a new path to wellness!" Although at the time I had no idea what that looked like.



So what journey did I take and what did I experience along the way that led to the creation of VibraGenix sound frequency medicine technology? I have always said that we are the creation of our greatest experiences and greatest influencers, and in my case, this was especially true.

The women in my immediate and extended family were medical doctors, and the men were farmers and lawyers. The women graduated medical school in the early 50's which made them pioneers. I had no such awareness of this fact and believed that women could do and be anything they chose – so my consciousness had no boundaries on what I could create.

I decided at the age of 5 that I wanted to be a doctor so that I could help sick people get well, and I never wavered from that choice. By the time I was 12 years of age, I reached 5'5" (turned out I was full grown!) so my Aunt decided to put me to the litmus test, and at least find out if I had the ability to handle blood and surgery. My mother found out after medical school that she could not stand the sight of blood, so she had to make a hard right in her career and go back and get a couple of master's degrees and go into teaching at the medical school. My Aunt wanted to make sure that wouldn't happen to me.

My Aunt was an amazing physician who practiced in a small thriving town, which meant in addition to her Family Practice, she handled Obstetrics, Surgery, Emergency Medicine, and Pediatrics (her specialty). She asked me one day if I would be interested in seeing a surgery, and of course, I excitedly said "YES!" The next morning, I got to go into the operating room (with the permission of the patient and hospital of course) and watched a colon resection of the ascending colon in a cancer patient. I was fascinated and handled it well.

After that success, I had the opportunity to witness deliveries and spend some time in the family practice. I had traditional medicine on a pedestal along with medical doctors... and that remained my only goal.

Toward the end of my college career, I had an epiphany and sat down with my Aunt and asked... "Why are we cutting out tumors, organs, and other tissues and never addressing the underlying cause of the problem, the reason the disease happened in the first place? Won't they just get the problem again if their body chemistry and lifestyle are the same? And why are we prescribing pharmaceuticals to manage the illness without looking at the cause? Those drugs have so many side effects that we prescribe more drugs to counteract the side effects. Aren't we just creating chemical soup and managing illness? Isn't this an illness management system instead of a health care system?" "These are the only tools we are given as doctors" she responded.

This threw me for a loop, and after much consideration, I took a hard right into Naturopathic Medicine. Then I got my master's in nutrition because neither MDs or NDs get much education on nutrition and it's such a critical piece of an effective healthcare solution.

But still, I found myself in practice prescribing handfuls of nutritional supplements like I was taught in school. Sure, they were herbs, vitamins, minerals, and homeopathic.... but way too much for the liver and body to process. My journey had led me to another problem to solve – I needed to find a more effective way to heal people.

At this point, I started deeply pondering the keys to healing and studied Eastern Medicine, frequencies, and Quantum Physics, and 2 things hit me. First, our smallest building block is the Atom, not the cell – so we are a massive frequency field. Our atoms are high vibrational energy particles with electrons spinning at nearly the speed of light around the nucleus.

If we are frequency, why aren't we using that as the medicine to treat the body?

The second epiphany was because we are 70% water and sound travels 5 times faster through water, that meant Sound Frequencies were the most effective medicine for the body.

So the New Path To Healing, which I told my colleague was my purpose, was finally being forged and VibraGenix was born.

So now you're wondering what VibraGenix sound frequency medicine can do for you?



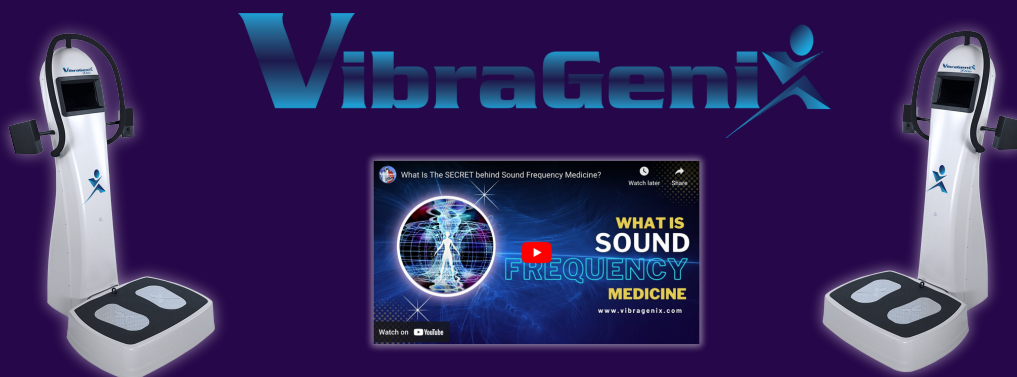
Mood Elevation

Did you know that the #1 prescription in the US is Anti-depressants? All of them have unfortunate side effects and are difficult to safely discontinue. Unfortunately, the path of modern medicine is to throw a pill at everything from anxiety to depression, and there has been a plethora of that since the pandemic began. What we have come to understand and accept from traditional medicine is that pharmaceuticals are the **ONLY** way to deal with emotional disturbances and disorders.



It is always important to analyze **WHY** we feel that way and **WHAT** the cause is. But sometimes we need the cloud lifted to even see the **ROOT** of the problem at all. Our emotions are intelligent, they are trying to show us circumstances and relationships that are not meant for our highest good. But being medicated just leaves us in a fog and dulls the symptoms, not **FIXING** anything or even isolating the problem.

What if I told you there are sound frequency formulas for depression, fatigue, anxiety, and stress relief that typically lifts that cloud, bringing the peace and the clarity needed to solve the puzzle of how you got to where you are in the first place? The power to choose a different path that leads to fulfillment and true happiness.



VibraGenix is sound-frequency medicine that works on an energy level to clear your mind and heart, enhance your intuition, balance your neurotransmitters, calm your nerves, and lift your spirits – and it is drug-free! That means there are no negative side effects.

Remember, **YOU ARE ENERGY** and **FREQUENCY** at your most basic building block – your atoms! Frequency Medicine is the Best Medicine to treat the energy field called your body!



Pain Relief

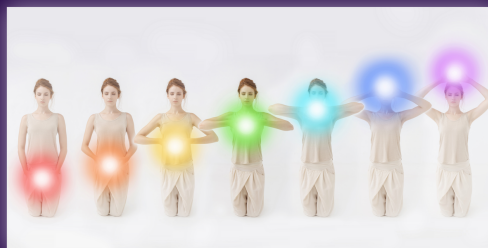
Did you know that the #2 prescription in the US is Pain medication? We are in an Opioid epidemic because they are so addictive, and unfortunately, they have numerous side effects as well. In addition, they NEVER treat or address the underlying cause of the pain – they are just a band-aid.



VibraGenix has numerous sound frequency formulas for numerous types of pain, and over 1000 frequency formulas to address the likely source of the pain and truly heal the body! Doesn't that sound better than just masking the symptoms with a synthetic drug with all kinds of side effects?

PAIN is actually your body's way of telling you that Something is Wrong or that there is blocked TRAUMA energy stuck in your body – Listen to it and find the root of the problem and treat that at the same time as you run your Rife pain frequencies to relieve the symptoms. You can heal the underlying cause of your pain with the correct frequencies.

According to Eastern Medicine, All Disorder, Dysfunction, and Disease is caused by blocked energy in the body. That energy block can be Emotional, Mental, or Physical. I have not found anything more effective than this technology for releasing Energy Blocks in the body – for both humans and animals.



We are Energy beings, not just organs and systems held up by a skeletal body, put in motion with a multitude of muscles, tendons, and ligaments.

Remember, YOU ARE ENERGY and FREQUENCY at your most basic building block – your atoms! Frequency Medicine is the Best Medicine to treat the energy field called your body!



Cell Voltage

The number one indicator of the health of the body is the cellular voltage or overall energy of our cells.

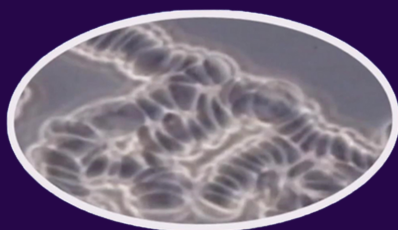
According to Otto Warburg, who won a Nobel Prize for his work in this field, most people have a cell voltage of around -50 mV. Those that are highly susceptible to colds and flu run at about -35 mV, and those with cancer have cell voltages of about -15 mV.



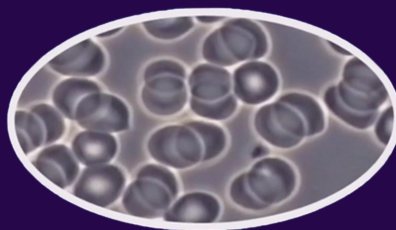
Otto stated that if you could get your cell voltage up to -70 to -90 mV that the body would spontaneously heal because your energized cells cannot only resist disease, but they are capable of self-healing. This is the epitome of vital health, and after all, isn't that what we all want?

I have always believed that we were meant to self-heal, that is the way we were created to be! We are here to thrive in our Human experience!

So how do you get your cell voltage up? Just 10 minutes on the VibraGenix alone will cause a drastic change in your blood cells in the live blood cell analysis that you see in the before and after microscopic views below.



BEFORE



AFTER 10 MINUTES

Do you see how the cells push away from each other? That's because their overall energy/cell voltage is elevated. The negative charge on the surface causes the cells to push away from each other (remember negative and negative repel each other). This allows for more oxygen and nutrients to be brought into the cell and more waste materials to be released out of the cells. When this happens, your cells begin spontaneously healing themselves.

Viruses and bacteria are Everywhere, it is the state of your cells (and pH, but we will get to that later) that determines if you succumb to illness and disease. VibraGenix plays

The Sonic whole body vibration and Scalar Wave technology in VibraGenix is the fastest way to raise your cell voltage and regain your Health and Vitality!



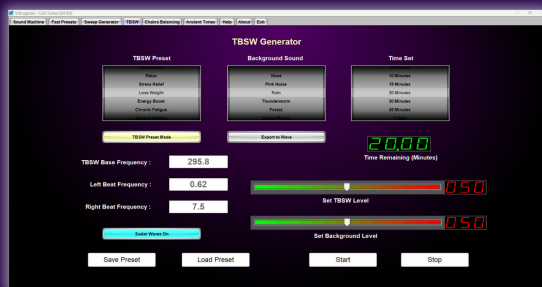
Meditation

Many are new to meditation, but as advanced meditators know, this is the highway to enlightenment. Meditation calms the mind, centers, and relaxes you.

The ultimate state of meditation is the Theta State, where stress and anxiety fade away, your mind and body relax, and you are open to guidance and healing. Some feel like it is like being in a dream state while you are awake. Divine messages, subconscious beliefs, limitations, and messages can float into your consciousness. In the Theta state, we are the most receptive to energy and higher knowledge.



When advanced meditators get on the VibraGenix and run all of the Ancient Tones, all of the Chakras, and TBSW with Scalar waves on, they can slip into a Theta state within 30 seconds to a minute. For some, it speeds the process to add the frequencies for Mood Elevation to this formula.



For those that are new at meditation, plug your phone into the VibraGenix and play your favorite meditation music while adding in the Ancient Tones, up to four Chakras, and your chosen TWSW frequency panel with Scalar waves. In addition, I would suggest adding Mood Elevation and Stress relief frequency panels. Centering ourselves and calming our mind and body in a world full of chaos has tremendous potential for physical healing as well. We all have our own Inner Physician that can lead and guide us to health.

I cannot underestimate the regenerating and rejuvenating effects of Meditation. Most importantly, we are all here to learn and grow and evolve spiritually, and a Key to that is Raising our Vibration – something the VibraGenix does like nothing else!



Veterinary Medicine

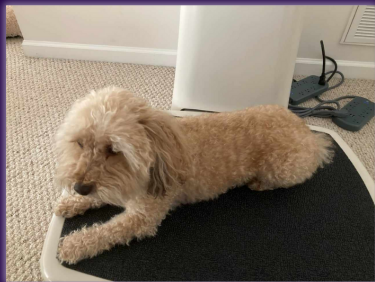
VibraGenix is great for you and your fur babies! In fact, I have seen it work much better on animals and even reptiles, as they are drawn to it because they are so instinctive. Veterinarians are using it with great success for everything from traumatic accidents to anxiety to cancer treatment!



Did you know that 1 in every 2 dogs and cats will get cancer? And now human rates of cancer have matched that statistic.

Animals Love the VibraGenix frequencies and will lead their owners to the machine to seek treatment. We already have a Mobile Vet unit in production and are currently in development of an Equine line of VibraGenix products.

Face it, our animals are family, and being able to help them in addition to ourselves is a huge bonus.





Raising Your Frequency

You Are Frequency – so logically, Frequencies should be the Medicine to treat ourselves and Heal! Look at this beautiful picture below. That is actually your frequency field! The human form in the center is only a small portion of the sum of who each of us is.



You have the physical body, then the emotional body outside of that, then the mental body followed by the spiritual body. According to Quantum Physicists, this Toroidal field of energy is constantly circulating around and through our physical body. In fact, this field exists around all living things.

In addition, we are constantly emitting and gathering emotional, mental, light, and subtle energy. So who we are around their energy field is constantly affecting us, as we are them. Environments we are in can strongly affect us as well. Does that make you want to rethink your trips to Walmart? Lol

But seriously, our partners and friends we choose as well as our work and home environment have a tremendous impact on us emotionally, physically, and mentally. This makes it even more important to use the amazing VibraGenix frequencies for clearing our energy field on a continual basis.

Weight Loss – Why you need to lose weight and how VibraGenix does just that!

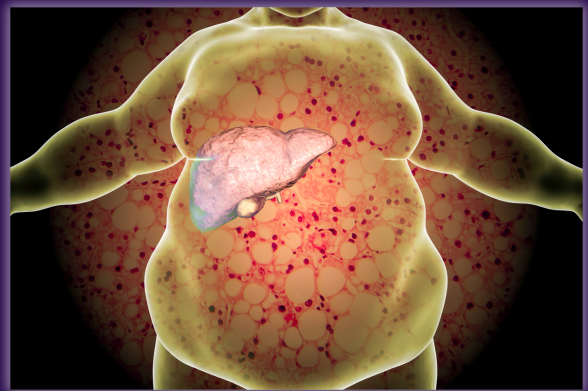


Why Get Fit?

In America, 71.6% of adults over 20 are overweight or obese. In addition, 19.1 percent of children and adolescents are obese. The associated costs in annual health care are \$147 billion.

Diseases related to obesity are:

- Heart disease and Strokes
- Type 2 diabetes
- Cancers – several types
- Digestion problems – including heartburn, fatty liver disease, and gallbladder problems
- Osteoarthritis
- Sleep apnea



No – the statistics above don't lie, but the most important thing is to FEEL GREAT, and I guarantee you, when you are at your right weight, you will have more energy, feel, and look your best!

VibraGenix weight loss can be profound. In a local 4-week study, my top loser lost 21.8 lbs. and many lost between 11 and 17 lbs. Each participant was required to use the VibraGenix for 20 minutes three times a week with the following frequencies: mood elevation, weight loss, and stress relief. Most of the time we eat the wrong things or overeat due to stress or depression, so those additional frequencies were added. No other changes in lifestyle were requested, except for the participants to drink more water because they would be detoxifying.

One reason that VibraGenix was so effective is that each 20-minute session is equal to 2 hours of cardio - and this was equal to the participants doing 6 additional hours of moderate cardio a week! The other reason for dramatic weight loss is the sound frequency formulas. In our weight loss formula, we have thyroid stimulation and frequencies for lipolysis and cavitation that are used in non-invasive liposuction to break down fat cells. The incredible lymphatic stimulation provided by the VibraGenix assists the body in eliminating the excess fat and toxins stored inside the fat cells.



Sitting Is The New Smoking

Most of our participants were sedentary, like most of America.

- According to a study on Jan 26, 2023 — Only 28% of Americans are meeting physical activity guidelines set by the Centers for Disease Control and Prevention.

VibraGenix is an effortless way to get passive exercise and lose unhealthy weight at the same time you are raising your cell voltage and healing your body from a plethora of disorders.

This is your chance to become healthy, vibrant, and fit! Longevity and Vitality are within reach, and our VibraGenix technology is on the fast track to that destination.



Anti-Aging

Who wants to live a long life if it is not Vibrant, Healthy, and Beautiful? But, if you can turn back the hands of time and Look and Feel Great – we all want the chance for a long full life with as many or more fun-filled retirement years as our working years. This is where the anti-aging piece comes into play.

VibraGenix is phenomenal at increasing your Cell Voltage/Energy, and when that is high, our cells heal themselves and resist diseases.

Our cells are also constantly making new cells to replace the ones that have been around the block for a time or two. Did you know that every 48 hours you have new rods and cones in your eyes? And every two years your cells have replaced every liver cell? How about the fact that every seven years, every cell in your body has been replaced by a new younger cell?



Now if you want to get younger with this natural process of regeneration and replacement, you Must have Healthy cells doing the Creating and Replacing of new cells. If your cells are sick and have low cell voltage, you will make even more unhealthy cells and aging accelerates.

With regular use of the VibraGenix, you will ensure that your cells are always at their peak cell voltage/energy, and when the time comes for them to retire and replicate younger cells, those too will be healthy, vibrant, and resistant to disease.

Personally, I have witnessed many people in their 60's and 70's turn back the clock by 20 years. They remain as active and live as full of life as they did in their 40's and 50's. This pertains to their energy levels, looks, mental and emotional energy states, and lack of diseases or disorders.



Another aspect of aging is that we are more prone to injury and much slower to recover from injuries, physical work, and play. VibraGenix technology dramatically speeds injury recovery and allows you to keep working and playing at the top of your game. The rapid recovery frequencies can be used daily so that you feel great and can give it your all the following day!

VibraGenix helps keep you looking and feeling good, keeps your body fit, your bones strong and your muscles toned. It also keeps organs and systems functioning in optimal order, and ultimately extends the quality and quantity of your life!



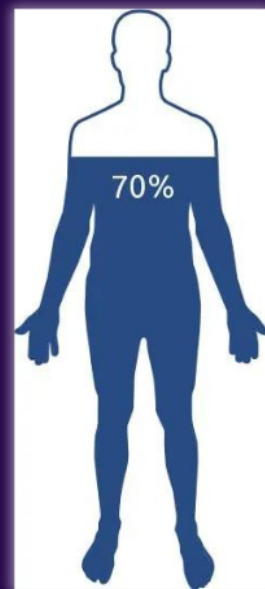


Peak Performance

For our Athletic community, VibraGenix is a tremendous asset. But first, I would like to address the elephant in the room!

Athletes and coaches know about vibration plates like Power Plate, but that is Mechanical Vibration. The effects are temporary and mechanical vibration does Nothing to increase Cell voltage/energy – the Key to rapid recovery. In addition, the maximum influence of the Power plate/mechanical plate is within 2 feet of the plate. VibraGenix Sonic vibration simultaneously stimulates and heals every cell in your body instantaneously – as much as the bottom of your feet at the top of your head. How you may ask?

*The Ultimate Healing Modality
because this is Sound driven
vibration and frequency.
Sound travels 5 x faster
through water and you are
70% water, so it reaches every
cell simultaneously.*



Another reason VibraGenix sound vibration is so much more effective is that it delivers healing frequencies from 4 Hz to 20,000 Hz. Mechanical vibration is from 25 or 35 Hz to 90 Hz. The frequencies that target various organs resonant frequency (bringing them back to a state of health), systems, and tissues in the body are between 4 and 25 Hz, a range that mechanical vibration cannot even safely reach.

Speaking of safety, mechanical vibration has been known to cause histamine reactions (rashes) in athletes. The motion is abrupt, up-stop/down-stop. VibraGenix sound vibration runs in a smooth sine wave with a curve at the top of the motion, and another at the bottom. The body loves this oscillating movement and never reacts negatively, but instead embraces the healing vibration.

In addition, there are over a hundred frequency formulas for specific joint and soft tissue injuries, recovery, inflammation, pain, fatigue, concussions, DNA repair, trauma and SO much more. These specialized sound frequency formulas are very synergistic with the Sonic vibration in the VibraGenix and our technology delivers them perfectly to the specific areas in the body where they are most needed. We have custom Cell Xciters that go right on the point of injury for rapid recovery.

The Importance of Recovery

We all know that athletes and weekend warriors are more prone to injury if they have not recovered from training and practice. The VibraGenix is amazing at flushing the lactic acid out of the body, repairing tissues on a cellular level, reducing inflammation, and increasing circulation and lymphatic drainage to release cellular waste products. There are specific frequency formulas for all of these needs and so much more.



Peak Performance

With the assistance of strength and conditioning coaches, we have created a custom program in our software for neuromuscular entrainment. 5 frequency sequences are paired with certain exercises in a short format. The athlete performs these in between sets during training to enhance performance on the field. This system also greatly enhances blood flow, and circulation is King in athletics for recovery.

So if you really want to enhance your performance and put your recovery from injury and training on the fast track – VibraGenix is for you!





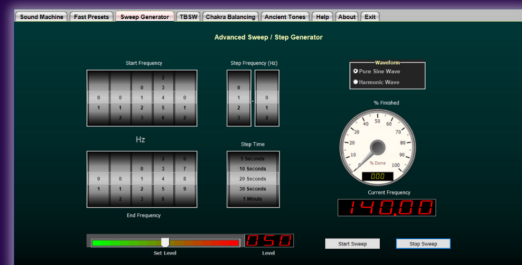
Brain Balance

We all know how important the proper function of our brain is, for both disease prevention and enhanced cognition. The brain is the master controller for countless functions, so balance and optimal functionality is paramount.



Most people are familiar with Binaural Beats – a tone for the right hemisphere and another for the left. VibraGenix software contains a program called TBSW, Trilateral Balanced Sine Wave because there is a third tone needed for the mid-brain or base brain. These three tones together create a synergy that effectively activates, resets, and heals the brain. There are many frequency formulas for everything from migraines to tremors and regeneration to various disorders. My favorites are the spiritual vibrational formulas, like mind expansion, psychic enhancement, and intuition.

One of my favorites, and one of the most powerful assets to TBSW is the enhanced Scalar wave generator technology, which can be added to every formula in this program. This is one of the fastest ways to raise your cell voltage and get your body to heal itself, in addition to the VibraGenix sonic vibration.



Scalar waves are Zero-point energy waves produced when two waves have the same frequency and opposite phase. TBSW Generator will add two additional signals of equal and opposite phases to opposing channels.

Zero-point energy is one of the greatest gifts from the quantum realm according to Quantum physicists as it is an unlimited energy source. I have seen scalar wave generators on the market for up to \$70,000!

Together, the TBSW with Scalar wave technology can do wonders for brain balancing, elimination of disorders, and enhancing spiritual enlightenment.

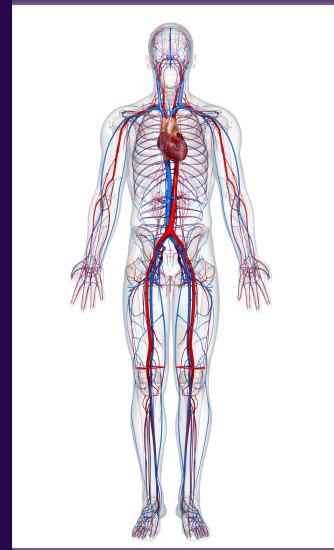


Circulation Of Your Blood and Your Lymphatic System

VibraGenix is incredible at enhancing circulation. You get the same circulatory effect in 10 minutes on high as a brisk walk for an hour! We all know that exercise is essential to our circulatory system, to get the oxygenated and nutrients to the cells and removing waists. VibraGenix also supports the heart, which is the pump for your circulatory system, to function more effectively.

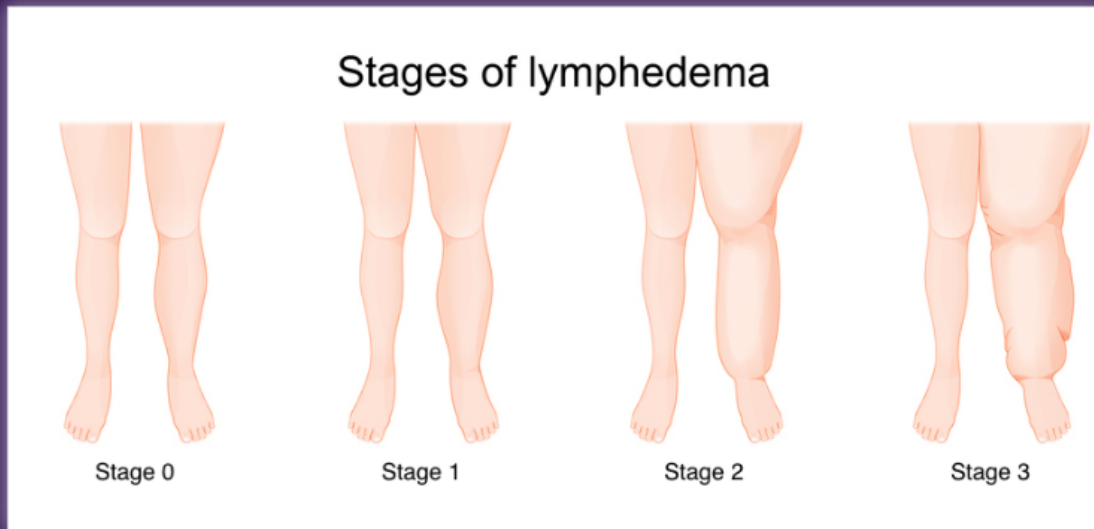
Your Lymphatic system

I have not found anything more effective at stimulating lymphatic circulation than the VibraGenix. The lymphatic system functions like a vacuum cleaner system for the bloodstream. Every blood vessel is paralleled by a lymphatic vessel, and the large arteries and veins have up to four of them running alongside to keep the blood clean and maintain life.



Traditional medicine is looking at lymphatic stagnation as being the underlying cause of all diseases because so many people are sedentary.... 72% of us according to the CDC. You see, the lymphatic system does not have a pump (like the heart is for the circulatory system). It relies totally on one-way valves and muscle action to move the lymph. Mechanical machines do not move the lymph because they vibrate at frequencies between 35 and 90 Hz. For lymphatic movement, you need frequencies between 4 and 6 Hz to toss the lymph up and allow the one-way valve to close. VibraGenix runs from 4 Hz to 20,000 Hz. In addition, there are Rife frequency formulas that enhance the lymph movement and detoxification process.

Lymphedema is when the lymph vessels swell due to poor circulation of the lymph, and eventually, the waste material they contain seeps into the tissues. This condition has become more and more prevalent due to lack of exercise. The common treatment is lymph massage by therapists and eventually removal of the lymph vessels, which does not help with detoxification. With more than 10 million Americans suffering from lymphedema, lymphatic treatment centers are popping up everywhere to cope with the increase in this condition.



Again, the VibraGenix is profound at lymph drainage and detoxification due to the low-frequency sonic vibration, Rife lymph detox frequencies, and the right passive exercise to solve the problem of lymphatic congestion.





Chakras and Ancient Tones

First, let's demystify the Chakra system and Eastern medicine. The chakra system originated in India between 1500 and 500 BC in the world's oldest texts called the Vedas.



The Chakras go through the spine, and if one is blocked, it effects the energy in that part of the spine. All the nerves that go to every system and organ in your body enter the the spinal cord, and where there is poorly functioning Chakra, the correlating organs and systems will disfunction as well.

The Chakra system is tried and true, and having an energy center blocked has proven to lead to specific chronic mental, physical, and emotional problems. In our chakra programs, these conditions and symptoms are listed for your reference. When I was in practice if I had a patient that would not heal through traditional therapies, I would always look to chakra clearing for their particular chronic condition, and we had great success.

Modern medicine made its strides in the 20th century. It is a much newer discipline that does not take into account that YOU ARE FREQUENCY, first and foremost. You are NOT just organs and systems held up and put into motion by a musculoskeletal system. Consider your smallest building blocks – your atoms. They are 99.99999% space with electrons oscillating in an elliptical pattern at the speed of light around the nucleus of protons and neutrons. So if the atom IS your basic building block, You are DEFINITELY frequency.



There is also a toroidal field of energy around your body extending out past the fingertips of your outstretched arms. This energy field is constantly circulating through your chakras, and it both emits and gathers light, subtle energy, mental, and emotional information. When others pass through your field, you pick up on their “stuff” just like they pick up on yours. If it is positive energy, there is no harm, but if it is negative energy, that energy can get stuck in your system as well. Most of the time, however, our own life experiences cause our chakra blockages, and they must be cleared to live a healthy happy life.

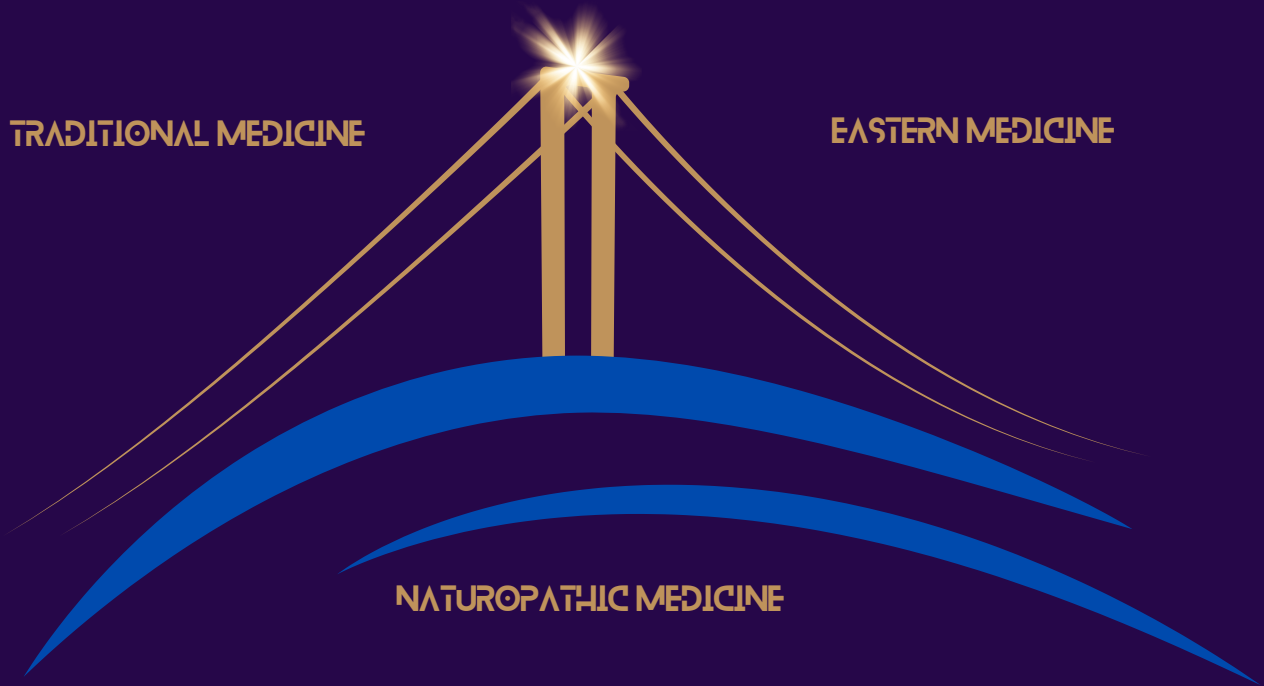
The VibraGenix with our proprietary software makes fast work of clearing your chakras and raising your vibration so that you can return your energy body to a state of vitality and clarity.

The Ancient Tones are some of my favorites, and I use them daily! Throughout the ages, there have been certain Solfeggio and other frequencies considered to have powerful healing properties. Scientists and Quantum Physicists have found that they actually work! In fact, the most well know frequency, 528 Hz that is also known as Transformations and Miracles, was heavily researched and found to regenerate DNA. NASA now regularly uses it with their cosmonauts and for rehabilitation. NASA also found that the central frequency from the sun and other select planets is 528 Hz.



The Graduate School of Medicine in Tokyo Japan did a study that determined that 528 Hz has an influence on the autonomic nervous system and the endocrine system, and an especially strong stress-reducing effect, even with as little as 5 minutes of exposure. I have found that all eight of the Ancient Tones are both calming and healing.

VibraGenix was created to be a bridge between Traditional, Naturopathic and Eastern Medicine providing the sonic vibration and sound frequency formulas to truly heal the body, mind and spirit in the fastest way possible - bringing you and your clients back to a state of Resonance so we can heal and THRIVE.



“
If you want to find the secrets of
the universe, think in terms of
energy, frequency, and vibration.
-Nikola Tesla

Click [HERE](#) to schedule a Calendly or contact us via phone at 1(800) 761-0511 or via email at info@vibragenix.com regarding how to integrate frequency healing in your life or practice.

